

**FRANKLIN COUNTY** 



The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online.

Visit the Vermont Department of Health YRBS website at: https://www.healthvermont.gov/yrbs



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#### About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
  - Alcohol and other drug use
  - Tobacco use
  - Unhealthy dietary behaviors
  - Inadequate physical activity
  - Sexual health behaviors related to pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and gender identity

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.



#### Methodology

The Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary.

In addition, to protect students anonymity, data is suppressed when less than 50 students respond to a question or less than 5 students answer a question in a particular way.

#### How Accurate are the Results?

Numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. These precautions can reduce some sources of error, but not all.

The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity.

Information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDCs Healthy Youth-DASH website at: https://www.cdc.gov/healthyyouth/data/yrbs/methods

Other information including "Do students tell the truth" is available on the Vermont Department of Health YRBS webpage at: https://www.healthvermont.gov/yrbs



#### Populations in Focus

Adverse health outcomes and behaviors experienced by specific populations are not intrinsic to youth themselves and are often instead due to social, economic and environmental inequities. The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, health-related factors and behaviors experienced by the following specific populations are noted throughout this report:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation / Gender Identity

Please note: Due to the small sample size, all students of color were grouped into a "SOC" category to compare to white, non-Hispanic students. For similar reasons, lesbian, gay, bisexual, and transgender students were grouped into a "LGBT" category to compare to heterosexual/cisgender students.

#### Using the YRBS Results

#### Engaging students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

<u>Start the Conversation</u>: Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

Increase Awareness: The YRBS provides an opportunity to break through "denial" and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the "average teenager." The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

<u>Plan and Evaluate Programs:</u> The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.



Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y

#### Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted. Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups.

A 95% confidence interval is a range of values and can vary due to the size of a particular population or how consistently students responded to an item. Sometimes, when comparing the responses of two or more groups, the difference between the overall percentages may look very different, but the two numbers are not statistically different. Other times, the two values may be very close but differ statistically.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).



This report includes the overall results or prevalence for all students in Vermont as well as the overall results and results by demographics for students in Franklin County

#### Key Terms and Statistical Differences Used in the Report

Each table includes a note about any statistical differences between the overall VT and Franklin County prevalence rates.

When subpopulations are included, statistical comparisons between subpopulations of students within Franklin County are also noted.

Throughout this report you will see the following key terms and statistical notations.

#### **Key Terms**

. = Too few students to report

VT = All students in Vermont

County = All students in Franklin County

M = Male students in Franklin County

F = Female students in Franklin County

Older = Students in grades 11 and 12

Younger = Students in grades 9 and 10

WnH = White, non-Hispanic students in Franklin County

SOC = Students of color in Franklin County

Het = Heterosexual or cisgender students in Franklin County

LGBT = Lesbian, gay, bisexual, or transgender students in Franklin County

#### Statistical Differences

Some subgroups of students defined by where they live, sex, race/ethnicity, grade in school, and sexual orientation / gender identity status have a higher prevalence of many health-risk behaviors that might place them at risk for unnecessary or premature mortality, morbidity, and social problems. Statistical differences, including differences between VT and Franklin County students as well as differences within Franklin County by sex, grade, race, and sexual orientation / gender identity are noted by the following notations:

- $\alpha$  = Students across VT are statistical different than students in Franklin
- $\beta$  = Male students are statistically different from female students
- $\epsilon$  = 11th and 12th grade students are statistically different from 9th and 10th grade students; 6th grade students are significantly different from 7th and 8th grade students
- I = 8th grade students are significantly different from 6th and 7th grade students
- $\delta$  = Results statistically increase or decrease with each grade
- $\zeta$  = Students of color (SOC) are statistically different from white, non-Hispanic (WnH) students
- $\theta$  = Lesbian, gay, bisexual and transgender (LGBT) students are statistically different from heterosexual and cisgender (HET) students



# 2019 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

HIGH SCHOOL RESULTS



# 2019 VERMONT YOUTH RISK BEHAVIOR SURVEY Franklin County High School Results

# Demographics

| Sex    | VT | Franklin |
|--------|----|----------|
| Female | 48 | 50       |
| Male   | 52 | 50       |

| Grade      | VT | Franklin |
|------------|----|----------|
| 9th grade  | 25 | 27       |
| 10th grade | 25 | 24       |
| 11th grade | 25 | 25       |
| 12th grade | 25 | 24       |



Franklin County High School Results

# Demographics

| Race                | VT | Franklin |
|---------------------|----|----------|
| Students of Color   | 16 | 10       |
| White, non-Hispanic | 84 | 90       |

| Sexual Orientation /<br>Gender Identity   | VT | Franklin |
|---|----|----------|
| Lesbian, Gay, Bisexual, or<br>Transgender | 14 | 12       |
| Heterosexual / Cisgender                  | 86 | 88       |



Franklin County High School Results

## Violence and Unintentional Injuries

|  |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|--|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Physical Violence  | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                            |
| Were in a physical fight, past year  | 18 | 17       | 23 | 12 | 21  | 20           | 17           | 11           | 17  | 24  | 17  | 18   | βεζ                        |
| Carried a weapon on school property, past 30 days  | 5  | 4        | 5  | 3  | 1   | 5            | 4            | 5            | 4   | 6   | 4   | 4    |                            |
| Were threatened or injured with a weapon on school property, past 30 days  | 7  | 6        | 8  | 4  | 8   | 8            | 6            | 4            | 6   | 10  | 6   | 11   | β                          |
| Did not go to school because<br>they felt unsafe at school or on<br>their way to or from school, past<br>30 days | 6  | 6        | 4  | 8  | 7   | 7            | 7            | 4            | 5   | 13  | 5   | 12   | β ζ                        |



<sup>. =</sup> Too few students to report

Franklin County High School Results

## Violence and Unintentional Injuries

|  |    |          |    |    |     |              |              |              |     |     |     |      | Statis<br>Differe |   |
|--|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|-------------------|---|
| Bullying                               | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                   |   |
| Were electronically bullied, past year | 16 | 17       | 10 | 25 | 19  | 19           | 18           | 13           | 17  | 18  | 16  | 31   | β                 | θ |
| Were bullied, past 30 days             | 17 | 18       | 12 | 24 | 20  | 18           | 21           | 13           | 18  | 20  | 17  | 26   | β                 | θ |
| Bullied someone, past 30 days          | 10 | 10       | 13 | 6  | 10  | 9            | 11           | 8            | 9   | 16  | 9   | 7    | β                 | ζ |



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# 2019 VERMONT YOUTH RISK BEHAVIOR SURVEY Franklin County High School Results

## Violence and Unintentional Injuries

|  |    |          |    |    |     |              |              |              |     |     |     |      | Statist<br>Differe |   |
|--|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|--------------------|---|
| Sexual and Dating Violence   | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                    |   |
| Report someone has ever done sexual things to them that they did not want  | 18 | 18       | 6  | 30 | 15  | 16           | 18           | 23           | 18  | 20  | 16  | 38   | β                  | θ |
| Experienced physical dating violence, past year  | 8  | 7        | 6  | 8  | 8   | 6            | 9            | 5            | 7   | 11  | 6   | 10   |                    |   |
| Reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times, past year                            | 28 | 31       | 22 | 39 | 30  | 32           | 32           | 29           | 31  | 32  | 29  | 45   | β                  | θ |
| Have sent or received a revealing or sexual photo of someone using social media, email, or texting on their smartphone, computer, iPad or other tablet, past 30 days | 27 | 32       | 32 | 33 | 25  | 33           | 35           | 37           | 31  | 40  | 32  | 36   | α ε                |   |



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Franklin County High School Results

## Violence and Unintentional Injuries

|  |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|--|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Motor Vehicle Safety   | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                            |
| Rode with a driver who had been drinking alcohol, past 30 days                                       | 17 | 17       | 16 | 19 | 17  | 18           | 19           | 14           | 17  | 22  | 17  | 18   |                            |
| Rode in a car or other vehicle<br>driven by someone who had<br>been using marijuana, past 30<br>days | 23 | 21       | 19 | 24 | 14  | 18           | 31           | 24           | 22  | 22  | 21  | 27   | ε                          |



<sup>. =</sup> Too few students to report

Franklin County High School Results

## Violence and Unintentional Injuries

|  |    |          |    |    |     |              |              |              |     |     |     |      | Stat<br>Diffe | istica<br>rence |   |
|--|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|---------------|-----------------|---|
| Motor Vehicle Safety, Among<br>Students Who Drive                                    | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |               |                 |   |
| Texted or e-mailed while driving a car or other vehicle, past 30 days                | 35 | 37       | 36 | 37 | 10  | 16           | 45           | 58           | 37  | 31  | 38  | 17   |               | 3               | θ |
| Drove a car or other vehicle<br>when they had been drinking<br>alcohol, past 30 days | 6  | 6        | 7  | 5  | 10  | 3            | 6            | 7            | 5   | 16  | 6   |      | ζ             |                 |   |
| Drove a car or other vehicle<br>when they had been using<br>marijuana, past 30 days  | 15 | 12       | 14 | 11 | 7   | 6            | 19           | 14           | 11  | 21  | 12  | 19   | α             | εζ              | • |



<sup>. =</sup> Too few students to report

Franklin County High School Results

## Violence and Unintentional Injuries

|   |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|---|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Unintentional Injuries & Prevention   | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                            |
| Rarely or never wore a helmet when skiing or snowboarding, past year        | 11 | 9        | 11 | 7  | 9   | 10           | 9            | 11           | 9   | 16  | 8   |      |                            |
| Had a concussion from playing a sport or being physically active, past year | 18 | 17       | 17 | 17 | 17  | 19           | 18           | 14           | 16  | 25  | 19  | 8    | ζ θ                        |
| Had a sunburn, past year  | 73 | 76       | 71 | 80 | 72  | 74           | 81           | 76           | 78  | 57  | 77  | 69   | β ζ                        |



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Franklin County High School Results

#### Mental Health

|  |    |          |    |    |     |              |              |              |     |     |     |      | Statis<br>Differe |     |
|--|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|-------------------|-----|
| Mental Health  | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                   |     |
| Did something to purposely hurt<br>themselves without wanting to<br>die, past year | 19 | 19       | 13 | 26 | 20  | 22           | 19           | 15           | 19  | 23  | 15  | 49   | β                 | θ   |
| Felt sad or hopeless, past year  | 31 | 33       | 22 | 45 | 32  | 33           | 37           | 32           | 33  | 37  | 29  | 68   | β                 | θ   |
| Made a plan about how they would attempt suicide, past year                        | 13 | 14       | 10 | 17 | 17  | 13           | 14           | 10           | 13  | 20  | 10  | 38   | β                 | ζ θ |
| Attempted suicide, past year   | 7  | 7        | 5  | 9  | 7   | 7            | 7            | 6            | 7   | 10  | 5   | 20   | β                 | θ   |



<sup>. =</sup> Too few students to report

Franklin County High School Results

#### Lifetime Substance Use

|  |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|--|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Tobacco, Alcohol, or Marijuana<br>Use Before Age 13    | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                            |
| First tried cigarette smoking before age 13 years      | 7  | 6        | 7  | 6  | 6   | 8            | 7            | 4            | 6   | 13  | 6   | 11   | ζ θ                        |
| Drank alcohol before age 13                            | 13 | 15       | 17 | 12 | 17  | 18           | 15           | 8            | 14  | 22  | 14  | 16   | εζ                         |
| Tried marijuana for the first time before age 13 years | 6  | 5        | 4  | 5  | 6   | 4            | 7            | 2            | 4   | 9   | 4   | 8    | ζ                          |



<sup>. =</sup> Too few students to report

Franklin County High School Results

#### Lifetime Substance Use

|   |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|---|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Lifetime Substance Use -<br>Alcohol, Marijuana, & Tobacco | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                            |
| Ever tried cigarette smoking                              | 22 | 22       | 22 | 23 | 16  | 21           | 29           | 23           | 22  | 30  | 21  | 29   | εζ                         |
| Ever used an electronic vapor product                     | 50 | 52       | 50 | 55 | 41  | 48           | 61           | 60           | 53  | 52  | 53  | 52   | ε                          |
| Ever used a flavored tobacco product                      | 27 | 30       | 28 | 33 | 21  | 29           | 37           | 36           | 31  | 31  | 30  | 38   | α ε                        |
| Ever drank alcohol  | 55 | 59       | 54 | 63 | 43  | 55           | 65           | 74           | 59  | 60  | 59  | 63   | α β ε                      |
| Ever used marijuana                                       | 40 | 37       | 35 | 39 | 20  | 32           | 50           | 49           | 37  | 38  | 36  | 53   | α ε θ                      |



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Franklin County High School Results

#### Lifetime Substance Use

|   |    |          |   |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|---|----|----------|---|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Lifetime Substance Use -<br>Prescription Drug Misuse  | VT | Franklin | M | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                            |
| Ever used a prescription drug   | 12 | 10       | 9 | 11 | 10  | 12           | 11           | 7            | 10  | 9   | 9   | 17   | θ                          |
| Ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it                             | 9  | 8        | 6 | 9  | 9   | 8            | 9            | 5            | 8   | 7   | 6   | 15   | θ                          |
| Have taken prescription<br>stimulants without a doctor's<br>prescription or differently than<br>how a doctor told them to use it<br>one or more times | 7  | 5        | 5 | 5  | 5   | 7            | 5            | 3            | 5   | 5   | 5   | 8    | α                          |



<sup>. =</sup> Too few students to report

Franklin County High School Results

#### Lifetime Substance Use

|  |    |          |   |   |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|--|----|----------|---|---|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Lifetime Substance Use - Other<br>Drug Use | VT | Franklin | M | F | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                            |
| Ever used cocaine                          | 4  | 3        | 4 | 2 | 1   | 2            | 4            | 3            | 2   | 7   | 2   | 6    | ζ                          |
| Ever used inhalants                        | 7  | 6        | 7 | 5 | 7   | 5            | 6            | 6            | 5   | 12  | 5   | 13   | ζ θ                        |
| Ever used heroin                           | 2  | 1        | 2 |   |     | 1            | 1            |              | 1   | 3   | 1   |      |                            |
| Ever used methamphetamines                 | 2  | 2        | 3 |   |     | 1            | 2            | 2            | 2   | 3   | 2   |      |                            |



<sup>. =</sup> Too few students to report

# 2019 VERMONT YOUTH RISK BEHAVIOR SURVEY Franklin County High School Results

## Past 30 Day Substance Use

|  |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|--|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Past 30 Day Tobacco Use  | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                            |
| Currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products | 28 | 30       | 29 | 31 | 21  | 26           | 40           | 34           | 30  | 32  | 30  | 33   | ε                          |
| Currently smoked cigarettes or cigars or used smokeless tobacco                              | 10 | 11       | 13 | 8  | 8   | 10           | 15           | 11           | 10  | 16  | 10  | 15   | β                          |
| Tried to quit using all tobacco products, past year  | 44 | 42       | 41 | 44 | 36  | 43           | 46           | 42           | 42  | 40  | 42  | 49   |                            |



<sup>. =</sup> Too few students to report

Franklin County High School Results

## Past 30 Day Substance Use

|  |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|--|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Past 30 Day Tobacco Use                    | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                            |
| Currently smoked cigarettes                | 7  | 7        | 7  | 7  | 6   | 6            | 9            | 5            | 6   | 13  | 6   | 14   | ζ θ                        |
| Currently used an electronic vapor product | 26 | 29       | 27 | 30 | 20  | 25           | 39           | 32           | 29  | 29  | 29  | 31   | 3                          |
| Currently used smokeless tobacco           | 3  | 4        | 7  | 1  | 3   | 5            | 5            | 4            | 4   | 9   | 4   |      | β ζ                        |
| Currently smoked cigars                    | 6  | 7        | 8  | 5  | 4   | 5            | 9            | 9            | 6   | 12  | 7   | 5    | βεζ                        |



<sup>. =</sup> Too few students to report

Franklin County High School Results

## Past 30 Day Substance Use

|   |    |          |    |    |     |              |              |              |     |     |     |      | Statis<br>Differe |   |
|---|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|-------------------|---|
| Past 30 Day Alcohol and Other<br>Drug Use   | VT | Franklin | М  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                   |   |
| Currently drank alcohol   | 31 | 34       | 32 | 35 | 23  | 30           | 37           | 48           | 34  | 32  | 34  | 39   | 3                 | : |
| Binge drank, past 30 days   | 15 | 17       | 18 | 17 | 9   | 13           | 19           | 29           | 17  | 19  | 18  | 17   | ε                 | ; |
| Currently used marijuana  | 27 | 23       | 22 | 24 | 14  | 17           | 35           | 27           | 23  | 27  | 22  | 36   | α ε               | θ |
| Currently took any prescription medication without a doctor's prescription or differently than how a doctor told them to use it | 5  | 4        | 4  | 3  | 4   | 5            | 4            |              | 4   | 3   | 3   | 7    |                   | θ |



<sup>. =</sup> Too few students to report

Franklin County High School Results

## Tobacco, Alcohol, and Marijuana Use Among Current Users

| Frequency of Cigarette Use,<br>Among Current Users | Franklin |
|--|----------|
| 1 or 2 days  | 43       |
| 3 to 5 days  | 8        |
| 6 to 9 days  | 14       |
| 10 to 19 days                                      | 11       |
| 20 to 29 days                                      | 6        |
| All 30 days  | 19       |

| Number of Cigarettes Smoked,<br>Among Current Users | Franklin |
|---|----------|
| Less than 1 cigarette                               | 38       |
| 1 cigarette   | 19       |
| 2 to 5 cigarettes                                   | 22       |
| 6 to 10 cigarettes                                  | 7        |
| 11 to 20 cigarettes                                 |          |
| More than 20 cigarettes                             | 10       |



<sup>. =</sup> Too few students to report

Franklin County High School Results

## Tobacco, Alcohol, and Marijuana Use Among Current Users

| Frequency of EVP Use, Among<br>Current Users | Franklin |
|--|----------|
| 1 or 2 days                                  | 18       |
| 3 to 5 days                                  | 14       |
| 6 to 9 days                                  | 13       |
| 10 to 19 days                                | 14       |
| 20 to 29 days                                | 15       |
| All 30 days                                  | 27       |

| Primary Reason for EVP Use,<br>Among Current Users | Franklin |
|--|----------|
| Friend/family used them                            | 18       |
| To try to quit other tobacco                       | 7        |
| Cost less than other tobacco                       |          |
| Easier to get than other                           | 3        |
| Less harmful than other                            | 8        |
| Available in flavors                               | 11       |
| Used for some other reason                         | 53       |



<sup>. =</sup> Too few students to report

Franklin County High School Results

## Tobacco, Alcohol, and Marijuana Use Among Current Users

| Source of EVP, Among Current<br>Users | Franklin |
|---------------------------------------|----------|
| Bought them in a store                | 13       |
| I got them on the Internet            | 3        |
| Someone else bought them              | 24       |
| Borrowed them                         | 36       |
| Someone gave them to me               | 10       |
| Took them from a store                | 1        |
| Some other way                        | 12       |

| Type of EVP Used, Among<br>Current Users | Franklin |
|--|----------|
| JUUL /rechargeable w pods                | 86       |
| Vape Pen/recharge e-cig                  | 5        |
| Disposable e-cig/vaping                  |          |
| Mods with refillable tanki               | 3        |
| Other e-vapor product                    | 3        |
| Not sure                                 | 2        |



<sup>. =</sup> Too few students to report

Franklin County High School Results

## Tobacco, Alcohol, and Marijuana Use Among Current Users

| Frequency of Alcohol Use,<br>Among Current Users | Franklin |
|--|----------|
| 1 or 2 days                                      | 46       |
| 3 to 5 days                                      | 23       |
| 6 to 9 days                                      | 17       |
| 10 to 19 days                                    | 8        |
| 20 to 29 days                                    | 5        |
| All 30 days                                      | 2        |

| Largest Amount of Alcohol<br>Consumed in One Sitting,<br>Among Current Users | Franklin |
|--|----------|
| 1 or 2 drinks  | 35       |
| 3 drinks   | 4        |
| 4 drinks   | 9        |
| 5 drinks   | 15       |
| 6 or 7 drinks  | 14       |
| 8 or 9 drinks  | 8        |
| 10 or more drinks  | 16       |



<sup>. =</sup> Too few students to report

Franklin County High School Results

## Tobacco, Alcohol, and Marijuana Use Among Current Users

| Frequency of Marijuana Use,<br>Among Current Users | Franklin |
|--|----------|
| 1 or 2 times                                       | 32       |
| 3 to 9 times                                       | 30       |
| 10 to 19 times                                     | 13       |
| 20 to 39 times                                     | 10       |
| 40 or more times                                   | 15       |

| Primary Way Marijuana was<br>Used, Among Current Users | Franklin |
|--|----------|
| Smoked it  | 74       |
| Ate in food  | 7        |
| Drank in tea or other drink                            |          |
| Vaporized  | 11       |
| Dabbed it  | 6        |
| Some other way   |          |



<sup>. =</sup> Too few students to report

# 2019 VERMONT YOUTH RISK BEHAVIOR SURVEY Franklin County High School Results

Other Substance Use Related Topics

|   |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|---|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Substance Use Exposure and<br>Prevention                                    | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                            |
| Were asked by a doctor, dentist, or nurse if they smoked, past year         | 61 | 65       | 62 | 68 | 56  | 64           | 65           | 76           | 66  | 61  | 65  | 70   | α ε                        |
| Most of the time or always see ads for cigarettes or other tobacco products | 50 | 55       | 51 | 59 | 55  | 55           | 57           | 53           | 56  | 53  | 56  | 55   | α β                        |



<sup>. =</sup> Too few students to report

Franklin County High School Results

#### Other Substance Use Related Topics

|  |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|--|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Substance Use on School<br>Property  | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                            |
| Attended school under the influence of alcohol or other illegal drugs, past year | 15 | 13       | 14 | 11 | 10  | 12           | 16           | 13           | 12  | 19  | 11  | 24   | ζθ                         |
| Were offered, sold, or given an illegal drug on school property, past year       | 19 | 16       | 18 | 14 | 18  | 17           | 19           | 12           | 17  | 16  | 16  | 21   | α                          |



<sup>. =</sup> Too few students to report

# 2019 VERMONT YOUTH RISK BEHAVIOR SURVEY Franklin County High School Results

# Perceptions of Substance Use

|  |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|--|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Perceptions of Substance Use -<br>Peer Use   | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | SOC | Het | LGBT |                            |
| Think it is wrong or very wrong for someone their age to use electronic vapor products | 56 | 54       | 56 | 52 | 62  | 55           | 49           | 48           | 54  | 51  | 54  | 49   | 3                          |
| Think it is wrong or very wrong for someone their age to drink alcohol                 | 53 | 49       | 53 | 45 | 65  | 52           | 43           | 34           | 49  | 47  | 49  | 46   | α β ε                      |
| Think it is wrong or very wrong for someone their age to use marijuana                 | 51 | 53       | 56 | 49 | 67  | 57           | 45           | 39           | 53  | 49  | 54  | 38   | ε θ                        |



<sup>. =</sup> Too few students to report

Franklin County High School Results

## Perceptions of Substance Use

|  |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|--|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Perceptions of Substance Use -<br>Parental Beliefs   | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                            |
| Responded that their parents or<br>guardians feel it would be wrong<br>or very wrong for the student to<br>use electronic vapor products | 84 | 84       | 82 | 86 | 88  | 88           | 83           | 76           | 85  | 79  | 85  | 77   | 3                          |
| Responded that their parents or<br>guardians feel it would be wrong<br>or very wrong for the student to<br>drink alcohol                 | 69 | 70       | 70 | 70 | 82  | 75           | 69           | 53           | 70  | 66  | 70  | 68   | 3                          |
| Responded that their parents or<br>guardians feel it would be wrong<br>or very wrong for the student to<br>use marijuana                 | 75 | 79       | 80 | 77 | 85  | 85           | 72           | 72           | 79  | 72  | 80  | 67   | α ε (                      |



<sup>. =</sup> Too few students to report

Franklin County High School Results

## Perceptions of Substance Use

|   |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|---|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Perceptions of Substance Use -<br>Ease of Access  | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                            |
| Say if they wanted to get electronic vapor products, it would be sort of easy or very easy for them to get some | 73 | 75       | 75 | 75 | 64  | 74           | 77           | 88           | 76  | 74  | 76  | 76   | 3                          |
| Say if they wanted to get alcohol, it would be sort of easy or very easy for them to get some                   | 67 | 70       | 66 | 74 | 64  | 71           | 70           | 76           | 70  | 74  | 70  | 71   | β                          |
| Say if they wanted to get<br>marijuana, it would be sort of<br>easy or very easy for them to get<br>some        | 62 | 62       | 58 | 65 | 45  | 57           | 71           | 76           | 62  | 63  | 61  | 72   | βε θ                       |



<sup>. =</sup> Too few students to report

Franklin County High School Results

## Perceptions of Substance Use

|   |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|---|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Perceptions of Substance Use -<br>Harm  | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                            |
| Think people greatly risk harming themselves (physically or in other ways) if they use electronic vapor products regularly  | 29 | 26       | 22 | 29 | 26  | 24           | 25           | 29           | 26  | 27  | 26  | 21   | β                          |
| Think people greatly risk harming themselves (physically or in other ways) if they have five or more drinks of alcohol (beer, wine, or liquor) once or twice each weekend | 39 | 34       | 31 | 38 | 38  | 37           | 31           | 31           | 35  | 32  | 33  | 40   | α β                        |
| Think people greatly risk harming themselves (physically or in other ways) if they use marijuana regularly  | 23 | 22       | 20 | 24 | 30  | 25           | 16           | 16           | 22  | 20  | 23  | 9    | £ (                        |



<sup>. =</sup> Too few students to report

Franklin County High School Results

## Sexual Health

|   |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|---|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| HIV and STD Testing                                       | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                            |
| Were ever tested for human immunodeficiency virus (HIV)   | 13 | 16       | 14 | 19 | 10  | 13           | 22           | 20           | 16  | 15  | 16  | 19   | α ε                        |
| Were ever tested for a sexually transmitted disease (STD) | 11 | 13       | 8  | 18 | 5   | 9            | 18           | 21           | 13  | 13  | 13  | 14   | α β ε                      |



<sup>. =</sup> Too few students to report

Franklin County High School Results

### Sexual Health

|  |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|--|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Sexual Activity  | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                            |
| Ever had sexual intercourse  | 40 | 46       | 44 | 47 | 18  | 37           | 57           | 73           | 46  | 46  | 47  | 43   | α δ                        |
| Had sexual intercourse for the first time before age 13 years      | 3  | 3        | 3  | 2  | 3   |              | 4            | 3            | 3   | 3   | 2   | 6    |                            |
| Had sexual intercourse with four or more persons during their life | 9  | 10       | 10 | 10 | 4   | 3            | 16           | 18           | 10  | 14  | 10  | 13   | ε                          |
| Were currently sexually active                                     | 31 | 37       | 34 | 40 | 14  | 27           | 47           | 63           | 37  | 36  | 39  | 35   | α δ                        |



<sup>. =</sup> Too few students to report

Franklin County High School Results

Sexual Health

Sexual Activity Among Students Who Had Sexual Intercourse During the Previous Three Months

|  |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|--|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Prescription Birth Control Use,<br>Among Sexually Active Students  | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                            |
| Used birth control pills before last sexual intercourse, among sexually active students  | 32 | 42       | 41 | 43 | 40  | 36           | 43           | 45           | 43  | 37  | 43  | ·    | α                          |
| Used a shot (e.g., Depo-Provera),<br>patch (e.g., OrthoEvra), or birth<br>control ring (e.g., NuvaRing),<br>among sexually active students | 4  | 7        | 5  | 8  | 11  |              | 8            | 6            | 7   |     | 6   |      |                            |
| Used an IUD (e.g., Mirena or<br>ParaGard) or implant (e.g.,<br>Implanon or Nexplanon), among<br>sexually active students                   | 19 | 14       | 13 | 15 |     | 11           | 15           | 17           | 15  |     | 14  |      | α                          |



<sup>. =</sup> Too few students to report

Franklin County High School Results

#### Sexual Health

Sexual Activity Among Students Who Had Sexual Intercourse During the Previous Three Months

|  |    |          |    |    |     |              |              |              |     |     |     |      |   | itistical<br>erences |
|--|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|---|----------------------|
| Condom & Birth Control Use,<br>Among Sexually Active Students  | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |   |                      |
| Used a condom during last sexual intercourse, among sexually active students   | 54 | 48       | 51 | 45 | 56  | 67           | 47           | 39           | 48  | 45  | 50  | ·    | α | ε                    |
| Used birth control pills; an IUD or implant; or a shot, patch, or birth control ring, among sexually active students   | 56 | 63       | 59 | 66 | 57  | 50           | 66           | 68           | 64  | 52  | 64  |      | α | 3                    |
| Used both a condom during last sexual intercourse and birth control pills; an IUD or implant, or a shot, patch, or birth control ring before last sexual intercourse, among sexually active students | 21 | 20       | 20 | 20 | 25  | 23           | 20           | 18           | 21  | 14  | 22  | ·    |   |                      |



<sup>. =</sup> Too few students to report

Franklin County High School Results

#### Sexual Health

Sexual Activity Among Students Who Had Sexual Intercourse During the Previous Three Months

| Condom & Birth Control Use,<br>Among Sexually Active Students               | VT | Franklin | М | F | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |
|---|----|----------|---|---|-----|--------------|--------------|--------------|-----|-----|-----|------|
| Did not use any method to prevent pregnancy, among sexually active students | 6  | 5        | 5 | 6 | 11  | 6            | 4            | 5            | 5   | 9   | 4   |      |



<sup>. =</sup> Too few students to report

Franklin County High School Results

## Weight, Physical Activity, and Nutrition

|   |    |          |    |    |     |              |              |              |     |     |     |      |     | istical<br>rences |
|---|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|-----|-------------------|
| Weight and Weight Perceptions                       | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |     |                   |
| Were obese  | 13 | 18       | 20 | 16 | 17  | 17           | 19           | 18           | 17  | 26  | 16  | 30   | α   | ζ θ               |
| Were overweight                                     | 14 | 17       | 16 | 18 | 16  | 20           | 18           | 14           | 18  | 9   | 17  | 16   | α   | ζ                 |
| Described themselves as slightly or very overweight | 31 | 36       | 31 | 40 | 35  | 31           | 39           | 38           | 36  | 36  | 33  | 56   | α β | θ                 |
| Were trying to lose weight                          | 43 | 48       | 37 | 59 | 47  | 50           | 50           | 45           | 49  | 44  | 46  | 63   | α β | θ                 |



<sup>. =</sup> Too few students to report

## Weight, Physical Activity, and Nutrition

|  |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|--|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Physical Activity  | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                            |
| Did not participate in at least 60 minutes of physical activity on at least one day, past week | 14 | 16       | 14 | 18 | 16  | 16           | 19           | 14           | 15  | 22  | 13  | 29   | θ                          |
| Were physically active at least 60 minutes per day every day, past week                        | 22 | 23       | 31 | 14 | 22  | 22           | 21           | 26           | 23  | 21  | 25  | 12   | β θ                        |
| Were physically active at least 60 minutes per day on 5 or more days, past week                | 46 | 44       | 52 | 36 | 43  | 47           | 40           | 46           | 45  | 38  | 48  | 26   | β θ                        |
| Play video or computer games or used a computer 3 or more hours per day                        | 48 | 51       | 48 | 55 | 49  | 52           | 52           | 52           | 51  | 52  | 49  | 66   | β θ                        |



<sup>. =</sup> Too few students to report

## Weight, Physical Activity, and Nutrition

|  |    |          |    |    |     |              |              |              |     |     |     |      | Statistic<br>Difference |   |
|--|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|-------------------------|---|
| Physical Activity at School  | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                         |   |
| Report they participate in physical activity or other short breaks during class at least 1x per week | 62 | 64       | 66 | 62 | 71  | 65           | 58           | 61           | 64  | 64  | 66  | 52   | 3                       | θ |
| Report they participate in physical activity or other short breaks during class, every day           | 23 | 22       | 26 | 18 | 24  | 21           | 19           | 23           | 23  | 16  | 23  | 11   | β                       | θ |



<sup>. =</sup> Too few students to report

## Weight, Physical Activity, and Nutrition

|  |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|--|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Soda and Sugar-Sweetened<br>Beverage Consumption                               | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                            |
| Did not drink any soda or<br>sugar-sweetened beverages,<br>past week           | 23 | 16       | 14 | 19 | 15  | 14           | 15           | 21           | 17  | 16  | 16  | 18   | α β                        |
| Drank a can, bottle, or glass of soda or a sugar-sweetened beverage, past week | 18 | 22       | 27 | 16 | 21  | 20           | 23           | 23           | 22  | 23  | 21  | 29   | α β                        |
| Drank soda or sugar-sweetened<br>beverages 2+ times per day, past<br>week      | 10 | 13       | 17 | 9  | 13  | 13           | 15           | 11           | 12  | 20  | 12  | 19   | α β ζ                      |
| Drank soda or sugar-sweetened<br>beverages 3+ times per day, past<br>week      | 5  | 6        | 8  | 4  | 7   | 6            | 6            | 5            | 5   | 12  | 6   | 8    | β ζ                        |



<sup>. =</sup> Too few students to report

## Weight, Physical Activity, and Nutrition

|  |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|--|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Water Consumption  | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                            |
| Drank one or more glasses per day of water, past week    | 79 | 76       | 73 | 79 | 71  | 78           | 77           | 80           | 77  | 73  | 78  | 68   | θ                          |
| Drank two or more glasses per<br>day of water, past week | 70 | 67       | 64 | 69 | 61  | 68           | 68           | 71           | 68  | 59  | 69  | 56   | α θ                        |
| Drank three or more glasses per day of water, past week  | 54 | 49       | 46 | 50 | 46  | 50           | 47           | 51           | 49  | 44  | 50  | 39   | α θ                        |



<sup>. =</sup> Too few students to report

## Weight, Physical Activity, and Nutrition

|   |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|---|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Fruit and Vegetable<br>Consumption            | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | SOC | Het | LGBT |                            |
| Ate 5+ fruits/vegetables every day, past week | 21 | 17       | 18 | 16 | 18  | 18           | 17           | 16           | 16  | 27  | 17  | 19   | α ζ                        |



<sup>. =</sup> Too few students to report

## Weight, Physical Activity, and Nutrition

|   |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|---|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Fruit Consumption   | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | SOC | Het | LGBT |                            |
| Did not eat fruit or drink 100% fruit juices, past week                   | 6  | 6        | 7  | 4  | 7   | 4            | 6            | 4            | 6   | 3   | 5   | 4    |                            |
| Ate fruit or drank 100% fruit juices one or more times per day, past week | 62 | 60       | 58 | 61 | 60  | 61           | 56           | 62           | 59  | 67  | 59  | 63   |                            |
| Ate fruit or drank 100% fruit juices two or more times per day, past week | 31 | 28       | 27 | 29 | 28  | 30           | 28           | 27           | 27  | 34  | 28  | 29   |                            |



<sup>. =</sup> Too few students to report

## Weight, Physical Activity, and Nutrition

|   |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|---|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Vegetable Consumption                                 | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                            |
| Did not eat vegetables, past<br>week                  | 5  | 6        | 6  | 5  | 6   | 6            | 5            | 5            | 5   | 6   | 5   | 4    |                            |
| Ate vegetables one or more times per day, past week   | 72 | 65       | 64 | 66 | 63  | 66           | 63           | 69           | 65  | 70  | 65  | 69   | α                          |
| Ate vegetables two or more times per day, past week   | 37 | 29       | 29 | 30 | 28  | 27           | 32           | 30           | 28  | 39  | 29  | 29   | α ζ                        |
| Ate vegetables three or more times per day, past week | 19 | 14       | 16 | 13 | 14  | 13           | 15           | 17           | 14  | 22  | 15  | 13   | α ζ                        |



<sup>. =</sup> Too few students to report

## Weight, Physical Activity, and Nutrition

|   |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|---|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Breakfast Consumption                       | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | SOC | Het | LGBT |                            |
| Did not eat breakfast, past week            | 11 | 11       | 12 | 11 | 9   | 16           | 11           | 9            | 11  | 16  | 11  | 14   |                            |
| Ate breakfast on at least 5 days, past week | 54 | 52       | 55 | 49 | 52  | 52           | 47           | 57           | 53  | 43  | 54  | 37   | ζθ                         |
| Ate breakfast on all 7 days, past week      | 37 | 35       | 37 | 33 | 35  | 35           | 33           | 36           | 35  | 30  | 36  | 23   | θ                          |



<sup>. =</sup> Too few students to report

#### Social Determinants of Health

|  |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|--|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Social Determinants of Health  | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                            |
| Have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned | 4  | 5        | 5  | 5  | 4   | 5            | 7            | 5            | 5   | 9   | 4   | 9    |                            |
| Most of the time or always went<br>hungry because there was not<br>enough food in their home, past<br>30 days  | 2  | 1        | 2  | 1  | 2   |              | 2            |              | 1   |     | 1   |      |                            |
| Have a physical disability,<br>emotional problems, or learning<br>disability                                   | 30 | 31       | 24 | 38 | 28  | 31           | 33           | 33           | 31  | 35  | 27  | 62   | β                          |



<sup>. =</sup> Too few students to report

Franklin County High School Results

#### Social Determinants of Health

|  |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|--|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Social Determinants of Health  | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                            |
| Described their grades in school as mostly A's or B's  | 78 | 78       | 73 | 83 | 76  | 74           | 75           | 88           | 79  | 74  | 80  | 71   | βε θ                       |
| Report they are most likely to attend a 4-year college or university, a community college, or technical school after high school | 76 | 74       | 65 | 83 | 72  | 72           | 75           | 77           | 75  | 67  | 75  | 76   | β                          |



<sup>. =</sup> Too few students to report

#### Youth Assets and Other Protective Factors

|  |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|--|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Protective Factors - Family  | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | SOC | Het | LGBT |                            |
| Did not eat dinner at home with parents, past week   | 9  | 9        | 8  | 9  | 8   | 7            | 10           | 9            | 8   | 13  | 8   | 10   |                            |
| Ate dinner at home with parent at least 2x, past week  | 86 | 88       | 89 | 87 | 89  | 90           | 85           | 88           | 88  | 83  | 89  | 85   |                            |
| Ate dinner at home with at least one of their parents or other adult family member on 4+ days, past week | 75 | 76       | 80 | 73 | 81  | 79           | 71           | 74           | 77  | 70  | 77  | 75   | βε                         |



<sup>. =</sup> Too few students to report

### Youth Assets and Other Protective Factors

|  |    |          |    |    |     |              |              |              |     |     |     |      |   | stical<br>ences |
|--|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|---|-----------------|
| Protective Factors - School<br>Connectedness   | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |   |                 |
| Reported there is at least one teacher or other adult in their school that they can talk to if they have a problem | 78 | 78       | 74 | 81 | 76  | 75           | 77           | 84           | 79  | 68  | 80  | 67   | β | ζ θ             |
| Strongly agree or agree that their school has clear rules and consequences for behavior                            | 56 | 52       | 55 | 50 | 58  | 50           | 49           | 51           | 52  | 49  | 53  | 43   | α |                 |
| Do not participate in any afterschool activities   | 34 | 39       | 40 | 38 | 39  | 39           | 38           | 39           | 38  | 44  | 37  | 47   | α | θ               |
| Spend 10 or more hours participating in afterschool activities   | 24 | 24       | 27 | 22 | 19  | 25           | 22           | 32           | 25  | 21  | 27  | 15   |   | θ               |



<sup>. =</sup> Too few students to report

### Youth Assets and Other Protective Factors

|  |    |          |    |    |     |              |              |              |     |     |     |      | Statistical<br>Differences |
|--|----|----------|----|----|-----|--------------|--------------|--------------|-----|-----|-----|------|----------------------------|
| Protective Factors - Community   | VT | Franklin | M  | F  | 9th | <b>1</b> 0th | <b>11</b> th | <b>12</b> th | WnH | soc | Het | LGBT |                            |
| Strongly agree or agree that in their community they feel like they matter to people | 58 | 54       | 57 | 52 | 54  | 54           | 49           | 61           | 55  | 49  | 60  | 25   | α θ                        |



<sup>. =</sup> Too few students to report

MIDDLE SCHOOL RESULTS



Franklin County Middle School Results

## Demographics

| Sex    | VT | Franklin |
|--------|----|----------|
| Female | 49 | 48       |
| Male   | 51 | 52       |

| Grade     | VT | Franklin |
|-----------|----|----------|
| 6th grade | 24 | 26       |
| 7th grade | 38 | 36       |
| 8th grade | 38 | 38       |

Franklin County Middle School Results

## Demographics

| Race                | VT | Franklin |
|---------------------|----|----------|
| Students of Color   | 19 | 15       |
| White, non-Hispanic | 81 | 85       |

| Sexual Orientation /<br>Gender Identity   | VT | Franklin |
|---|----|----------|
| Lesbian, Gay, Bisexual, or<br>Transgender | 11 | 11       |
| Heterosexual / Cisgender                  | 89 | 89       |

#### Violence and Unintentional Injuries

|  |    |          |    |    |     |     |     |     |     |     |      | Statistica | Differences |
|--|----|----------|----|----|-----|-----|-----|-----|-----|-----|------|------------|-------------|
| Violence   | VT | Franklin | M  | F  | 6th | 7th | 8th | WnH | soc | Het | LGBT |            |             |
| Were ever in a physical fight  | 41 | 43       | 57 | 26 | 37  | 45  | 44  | 40  | 60  | 43  | 45   | β          | ζ           |
| Did not go to school because<br>they felt they would be unsafe at<br>school or on their way to or from<br>school, past 30 days | 9  | 11       | 9  | 12 | 9   | 11  | 11  | 10  | 16  | 8   | 22   |            | θ           |
| Report someone has ever done sexual things to them that they did not want  | 10 | 11       | 6  | 16 | 9   | 10  | 13  | 10  | 17  | 9   | 27   | β          | ζ θ         |



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

#### Violence and Unintentional Injuries

|                                      |    |          |    |    |     |     |     |     |     |     |      | Statistica | I Differences |
|--------------------------------------|----|----------|----|----|-----|-----|-----|-----|-----|-----|------|------------|---------------|
| Bullying                             | VT | Franklin | M  | F  | 6th | 7th | 8th | WnH | soc | Het | LGBT |            |               |
| Were ever bullied on school property | 45 | 48       | 41 | 55 | 44  | 48  | 51  | 46  | 55  | 46  | 70   | β          | θ             |
| Were ever electronically bullied     | 24 | 26       | 17 | 34 | 22  | 25  | 29  | 25  | 32  | 24  | 46   | β          | θ             |
| Were bullied, past 30 days           | 24 | 29       | 21 | 36 | 26  | 31  | 28  | 26  | 42  | 26  | 50   | α β        | ζ θ           |
| Bullied someone, past 30 days        | 9  | 13       | 15 | 11 | 12  | 13  | 14  | 12  | 18  | 13  | 14   | α          |               |



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

#### Violence and Unintentional Injuries

|   |    |          |    |    |     |     |     | ,   |     |     |      | Statistic | al Differences |
|---|----|----------|----|----|-----|-----|-----|-----|-----|-----|------|-----------|----------------|
| Unintentional Injuries & Prevention   | VT | Franklin | M  | F  | 6th | 7th | 8th | WnH | soc | Het | LGBT |           |                |
| Rarely or never wear a bicycle helmet                                       | 26 | 37       | 38 | 35 | 27  | 34  | 46  | 36  | 47  | 36  | 43   | α         | iζ             |
| Rarely or never wear a helmet when skiing or snowboarding                   | 6  | 4        | 5  | 2  | 3   | 4   | 4   | 2   | 11  | 3   |      | α         | ζ              |
| Had a concussion from playing a sport or being physically active, past year | 19 | 21       | 23 | 18 | 21  | 20  | 22  | 21  | 25  | 21  | 21   |           |                |
| Had a sunburn, past year  | 66 | 65       | 61 | 70 | 57  | 66  | 69  | 67  | 55  | 67  | 65   | β         | ζ              |



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

#### Violence and Unintentional Injuries

|  |    |          |    |    |     |     |     |     |     |     |      | Statistical Differences |
|--|----|----------|----|----|-----|-----|-----|-----|-----|-----|------|-------------------------|
| Motor Vehicle Safety   | VT | Franklin | M  | F  | 6th | 7th | 8th | WnH | soc | Het | LGBT |                         |
| Rarely or never wear a seat belt   | 2  | 2        | 3  | 1  | 2   | 2   | 3   | 2   | 5   | 1   |      | ζ                       |
| Ever rode with a driver who had been drinking alcohol                    | 20 | 22       | 19 | 25 | 16  | 22  | 27  | 22  | 25  | 22  | 31   |                         |
| Have ever ridden in a car driven by someone who had been using marijuana | 10 | 10       | 8  | 11 | 5   | 9   | 14  | 9   | 17  | 10  | 17   | ζ θ                     |



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

#### Mental Health

|   |    |          |    |    |     |     |     |     |     |     |      | Statisti | cal Diff | erenc | es |
|---|----|----------|----|----|-----|-----|-----|-----|-----|-----|------|----------|----------|-------|----|
| Mental Health   | VT | Franklin | M  | F  | 6th | 7th | 8th | WnH | soc | Het | LGBT |          |          |       |    |
| Ever seriously thought about killing themselves   | 18 | 22       | 16 | 28 | 16  | 24  | 24  | 21  | 34  | 18  | 53   | α β      | 3        | ζ     | θ  |
| Ever made a plan about how they would kill themselves   | 12 | 14       | 9  | 18 | 9   | 15  | 16  | 13  | 25  | 11  | 39   | β        |          | ζ     | θ  |
| Ever tried to kill themselves   | 6  | 7        | 5  | 10 | 4   | 8   | 9   | 7   | 15  | 6   | 20   | β        |          | ζ     | θ  |
| Have ever done something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose, past year | 18 | 20       | 12 | 28 | 15  | 21  | 23  | 19  | 29  | 16  | 50   | β        |          | ζ     | θ  |
| Felt sad or hopeless, past year   | 23 | 25       | 18 | 33 | 20  | 27  | 27  | 24  | 37  | 22  | 59   | β        |          | ζ     | θ  |



<sup>. =</sup> Too few students to report

#### Lifetime Substance Use

|  |    |          |    |    |     |     |     |     |     |     |      | Statisti | cal D | iffere | nces |
|--|----|----------|----|----|-----|-----|-----|-----|-----|-----|------|----------|-------|--------|------|
| Lifetime Substance Use   | VT | Franklin | M  | F  | 6th | 7th | 8th | WnH | soc | Het | LGBT |          |       |        |      |
| Ever tried a cigarette   | 7  | 9        | 11 | 6  | 4   | 8   | 13  | 8   | 17  | 9   | 14   | β        | 3     |        | ζ    |
| Ever tried a flavored tobacco product  | 8  | 9        | 10 | 8  | 3   | 8   | 14  | 9   | 17  | 9   | 16   | í        | 3 δ   | i      | ζ    |
| Ever used an electronic vapor product  | 16 | 17       | 19 | 15 | 5   | 14  | 27  | 17  | 26  | 18  | 23   | Č        | 3 ε   | i      | ζ    |
| Ever drank alcohol   | 20 | 25       | 27 | 23 | 14  | 24  | 32  | 25  | 34  | 25  | 36   | α δ      | 3 ε   | i      | ζ θ  |
| Ever used marijuana  | 7  | 7        | 9  | 6  |     | 7   | 12  | 7   | 13  | 8   | 11   |          |       |        | ζ    |
| Have ever taken a prescription drug without a doctor's prescription or differently than how a doctor told them to use it | 6  | 6        | 8  | 4  | 5   | 6   | 7   | 5   | 10  | 6   | 9    | β        |       |        | ζ    |
| Ever used inhalants  | 5  | 6        | 5  | 7  | 5   | 6   | 7   | 6   | 9   | 5   | 11   |          |       |        | θ    |



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

#### Lifetime Substance Use

|  |    |          |    |   |     |     |     |     |     |     |      | Statistical | Differences |
|--|----|----------|----|---|-----|-----|-----|-----|-----|-----|------|-------------|-------------|
| Substance Use Before Age 11                                    | VT | Franklin | M  | F | 6th | 7th | 8th | WnH | soc | Het | LGBT |             |             |
| Tried cigarette smoking for the first time before age 11 years | 3  | 5        | 6  | 3 | 3   | 5   | 5   | 4   | 11  | 5   | 6    | α β         | ζ           |
| Drank alcohol for the first time before age 11 years           | 9  | 11       | 14 | 8 | 11  | 10  | 11  | 10  | 19  | 11  | 13   | β           | ζ           |
| Tried marijuana for the first time before age 11 years         | 1  | 2        | 2  | 1 |     | 2   | 2   | 1   | 5   | 2   | 5    |             | ζ           |



<sup>. =</sup> Too few students to report

### Past 30 Day Substance Use

|  |    |          |    |    |     |     |     |     |     |     |      | Statistica | al Differen | ices |
|--|----|----------|----|----|-----|-----|-----|-----|-----|-----|------|------------|-------------|------|
| Past 30 Day Tobacco Use  | VT | Franklin | M  | F  | 6th | 7th | 8th | WnH | soc | Het | LGBT |            |             |      |
| Currently smoked cigarettes or cigars or used smokeless tobacco                              | 2  | 3        | 5  | 2  |     | 2   | 6   | 3   | 7   | 4   | 4    | β          | ζ           |      |
| Currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products | 9  | 11       | 12 | 10 | 4   | 8   | 18  | 10  | 20  | 12  | 14   | α δ        | ε ί ζ       |      |
| Currently smoked cigarettes  | 2  | 2        | 3  | 1  | 100 | 1   | 3   | 1   | 5   | 2   |      |            | ε ζ         |      |
| Currently used an electronic vapor product   | 8  | 10       | 10 | 9  | 4   | 8   | 15  | 9   | 18  | 10  | 13   |            | iζ          |      |
| Currently used smokeless tobacco   | 1  | 2        | 3  | 1  | 100 | 1   | 3   | 1   | 4   | 2   |      |            | ε ζ         |      |
| Currently smoked cigars  | 1  | 2        | 3  | 1  |     | 1   | 3   | 2   | 4   | 2   |      | α β        |             |      |



<sup>. =</sup> Too few students to report

### Past 30 Day Substance Use

|  |    |          |   |   |     |     |     |     |     |     |      | Statistical Differences |
|--|----|----------|---|---|-----|-----|-----|-----|-----|-----|------|-------------------------|
| Past 30 Day Alcohol and Other<br>Substance Use | VT | Franklin | M | F | 6th | 7th | 8th | WnH | soc | Het | LGBT |                         |
| Currently drank alcohol                        | 7  | 9        | 8 | 9 | 1   | 8   | 14  | 8   | 13  | 9   | 12   | α δε ί                  |
| Binge drank, past 30 days                      | 2  | 2        | 2 | 2 |     | 1   | 3   | 1   | 4   | 2   |      |                         |
| Currently used marijuana                       | 5  | 4        | 5 | 3 |     | 3   | 7   | 4   | 10  | 4   | 5    | ζ                       |



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

#### Tobacco, Alcohol, and Marijuana Use Among Current Users

| Frequency of Cigarette Use,<br>Among Current Users | Franklin |
|--|----------|
| 1 or 2 days  | 48       |
| 3 to 9 days  | 23       |
| 10 to 29 days                                      | 13       |
| Every day  | 16       |

| Number of Cigarettes Smoked,<br>Among Current Users | Franklin |
|---|----------|
| 1 or Less   | 44       |
| 2 to 5 cigarettes                                   | 41       |
| 11 or more cigarettes                               | 15       |



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

#### Tobacco, Alcohol, and Marijuana Use Among Current Users

| Frequency of EVP Use, Among<br>Current Users | Franklin |
|--|----------|
| 1 or 2 days                                  | 42       |
| 3 to 9 days                                  | 26       |
| 10 to 29 days                                | 22       |
| Every day                                    | 10       |

| Access to EVP, Among Current<br>Users               | Franklin |
|---|----------|
| Bought them in a store or online                    | 5        |
| Borrowed them                                       | 49       |
| Someone else bought them or someone gave them to me | 20       |
| Took them from a store                              | 1        |
| Some other way                                      | 25       |



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

#### Tobacco, Alcohol, and Marijuana Use Among Current Users

| Reason for EVP Use, Among<br>Current Users | Franklin |
|--|----------|
| Friend/family used them                    | 24       |
| To try to quit other tobacco               | 3        |
| Cost less than other tobacco               | 1        |
| Easier to get than other                   | 1        |
| Less harmful than other                    | 4        |
| Available in flavors                       | 19       |
| Used for some other reason                 | 49       |

| Type of EVP Used, Among<br>Current Users | Franklin |
|--|----------|
| JUUL / pod-type device                   | 69       |
| Vape Pen / rechargeable<br>e-cigarette   | 12       |
| Disposable e-cigarette / vaping device   | 1        |
| Mods with refillable tank                | 12       |
| Other electronic vapor product           | 3        |
| Not sure                                 | 2        |



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

#### Tobacco, Alcohol, and Marijuana Use Among Current Users

| Frequency of Marijuana Use,<br>Among Current Users | Franklin |  |  |  |  |
|--|----------|--|--|--|--|
| 1 or 2 times                                       | 49       |  |  |  |  |
| 3 to 9 times                                       | 21       |  |  |  |  |
| 10 to 19 times                                     | 13       |  |  |  |  |
| 20+ times  | 17       |  |  |  |  |



<sup>. =</sup> Too few students to report

Other Substance Use Related Topics

|   |    |          |    |    |     |     |     |     |     |     |      | Statistical Differences |
|---|----|----------|----|----|-----|-----|-----|-----|-----|-----|------|-------------------------|
| Tobacco Use Exposure & Prevention   | VT | Franklin | M  | F  | 6th | 7th | 8th | WnH | soc | Het | LGBT |                         |
| Were asked by a doctor, dentist, or nurse if they smoked                    | 33 | 38       | 40 | 36 | 25  | 36  | 49  | 39  | 36  | 39  | 48   | α δεί                   |
| Most of the time or always see ads for cigarettes or other tobacco products | 46 | 48       | 45 | 52 | 33  | 51  | 56  | 49  | 54  | 51  | 57   | ε                       |



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

### Perceptions of Substance Use

|  |    |          |    |    |     |     |     |     |     |     |      | Statistical Differences |
|--|----|----------|----|----|-----|-----|-----|-----|-----|-----|------|-------------------------|
| Perceptions of Peer Use as<br>Wrong or Very Wrong                                      | VT | Franklin | M  | F  | 6th | 7th | 8th | WnH | soc | Het | LGBT |                         |
| Think it is wrong or very wrong for someone their age to use electronic vapor products | 84 | 79       | 78 | 80 | 91  | 82  | 69  | 80  | 68  | 79  | 73   | α δείζ                  |



<sup>. =</sup> Too few students to report

#### Perceptions of Substance Use

|   |    |          |    |    |     |     |     |     |     |     |      | Statistical Differences |
|---|----|----------|----|----|-----|-----|-----|-----|-----|-----|------|-------------------------|
| Perceptions of Substance Use -<br>Parental Beliefs  | VT | Franklin | M  | F  | 6th | 7th | 8th | WnH | soc | Het | LGBT |                         |
| Responded that their parents or guardians feel it would be wrong or very wrong for the student to use electronic vapor products | 92 | 89       | 88 | 91 | 90  | 89  | 89  | 90  | 85  | 92  | 80   | θ                       |
| Responded that their parents or<br>guardians feel it would be wrong<br>or very wrong for the student to<br>drink alcohol        | 87 | 84       | 83 | 85 | 87  | 84  | 81  | 84  | 82  | 85  | 81   | α                       |
| Responded that their parents or<br>guardians feel it would be wrong<br>or very wrong for the student to<br>use marijuana        | 92 | 91       | 91 | 91 | 94  | 92  | 89  | 92  | 87  | 93  | 85   | θ                       |



<sup>. =</sup> Too few students to report

#### Perceptions of Substance Use

|   |    |          |    |    |     |     |     |     |     |     |      | Statistical Differences |
|---|----|----------|----|----|-----|-----|-----|-----|-----|-----|------|-------------------------|
| Perceptions of Substance Use -<br>Ease of Access  | VT | Franklin | М  | F  | 6th | 7th | 8th | WnH | SOC | Het | LGBT |                         |
| Say if they wanted to get electronic vapor products, it would be sort of easy or very easy for them to get some | 29 | 32       | 33 | 31 | 18  | 27  | 46  | 32  | 43  | 33  | 43   | δείζ                    |
| Say if they wanted to get alcohol, it would be sort of easy or very easy for them to get some                   | 40 | 42       | 41 | 42 | 27  | 37  | 54  | 42  | 42  | 42  | 55   | δεί θ                   |
| Say if they wanted to get marijuana, it would be sort of easy or very easy for them to get some                 | 19 | 18       | 18 | 17 | 11  | 12  | 27  | 18  | 24  | 17  | 34   | i θ                     |



<sup>. =</sup> Too few students to report

#### Perceptions of Substance Use

|   |    |          |    |    |     |     |     |     |     |     |      | Statist | ical Diffe | rences |
|---|----|----------|----|----|-----|-----|-----|-----|-----|-----|------|---------|------------|--------|
| Perceptions of Substance Use -<br>Harm  | VT | Franklin | M  | F  | 6th | 7th | 8th | WnH | soc | Het | LGBT |         |            |        |
| Think people greatly risk harming themselves (physically or in other ways) if they use electronic vapor products regularly  | 45 | 39       | 33 | 46 | 46  | 37  | 35  | 40  | 29  | 38  | 37   | α β     |            | ζ      |
| Think people greatly risk harming themselves (physically or in other ways) if they have five or more drinks of alcohol (beer, wine, or liquor) once or twice each weekend | 45 | 40       | 38 | 44 | 42  | 40  | 39  | 41  | 37  | 40  | 43   | α       |            |        |
| Think people greatly risk harming themselves (physically or in other ways) if they use marijuana regularly  | 49 | 46       | 40 | 52 | 55  | 45  | 39  | 46  | 40  | 48  | 28   | α β     | 3          | θ      |



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

#### Sexual Health

|   |    |          |   |   |     |     |     |     |     |     |      | Statistica | al Differences |
|---|----|----------|---|---|-----|-----|-----|-----|-----|-----|------|------------|----------------|
| Sexual Activity & Condom Use  | VT | Franklin | M | F | 6th | 7th | 8th | WnH | soc | Het | LGBT |            |                |
| Ever had sexual intercourse   | 5  | 5        | 7 | 3 | 2   | 4   | 9   | 4   | 11  | 6   | 7    | β          | iζ             |
| Used a condom during last sexual intercourse, among those who have has sexual intercourse | 58 | 58       |   |   |     |     |     |     |     | 65  |      |            |                |



<sup>. =</sup> Too few students to report

### Physical Activity, and Nutrition

|  |    |          |    |    |     |     |     |     |     |     |      | Statistical Differences |
|--|----|----------|----|----|-----|-----|-----|-----|-----|-----|------|-------------------------|
| Physical Activity: 60 min per day  | VT | Franklin | M  | F  | 6th | 7th | 8th | WnH | soc | Het | LGBT |                         |
| Did not participate in at least 60 minutes of physical activity on at least 1 day, past week | 9  | 10       | 10 | 9  | 11  | 10  | 9   | 9   | 15  | 7   | 14   | θ                       |
| Were physically active at least 60 minutes per day on 5 or more days, past week              | 56 | 54       | 57 | 52 | 56  | 52  | 55  | 55  | 51  | 59  | 38   | θ                       |
| Were physically active at least 60 minutes per day on all 7 days, past week                  | 30 | 31       | 35 | 27 | 37  | 30  | 29  | 32  | 26  | 35  | 18   | β θ                     |



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

### Physical Activity, and Nutrition

|  |    |          |    |    |     |     |     |     |     |     |      | Statistical Differences |
|--|----|----------|----|----|-----|-----|-----|-----|-----|-----|------|-------------------------|
| Physical Inactivity                      | VT | Franklin | M  | F  | 6th | 7th | 8th | WnH | soc | Het | LGBT |                         |
| Watch television 1 hour or less per day  | 42 | 45       | 45 | 45 | 41  | 46  | 46  | 44  | 55  | 45  | 48   | ζ                       |
| Watch television 3 or more hours per day | 22 | 24       | 25 | 23 | 20  | 24  | 27  | 23  | 33  | 24  | 31   | ζ                       |



<sup>. =</sup> Too few students to report

### Physical Activity, and Nutrition

|   |    |          |    |    |     |     |     |     |     |     |      | Statistic | al Difference | es |
|---|----|----------|----|----|-----|-----|-----|-----|-----|-----|------|-----------|---------------|----|
| Physical Inactivity   | VT | Franklin | M  | F  | 6th | 7th | 8th | WnH | SOC | Het | LGBT |           |               |    |
| Play video or computer games or used a computer 1 hour or less per day  | 58 | 63       | 66 | 60 | 53  | 65  | 67  | 63  | 62  | 62  | 72   | α         | ε             |    |
| Play video or computer games or used a computer 3 or more hours per day | 41 | 47       | 50 | 43 | 36  | 48  | 52  | 47  | 51  | 46  | 58   | α         | 3             | θ  |



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

### Physical Activity, and Nutrition

|  |    |          |    |    |     |     |     |     |     |     |      | Statisti | cal Differe | ences |
|--|----|----------|----|----|-----|-----|-----|-----|-----|-----|------|----------|-------------|-------|
| Physical Activity at School  | VT | Franklin | M  | F  | 6th | 7th | 8th | WnH | SOC | Het | LGBT |          |             |       |
| Participate in physical activity or other short breaks during class at least once a week | 80 | 80       | 80 | 79 | 83  | 77  | 79  | 80  | 76  | 82  | 71   |          |             | θ     |
| Participate in physical activity or other short breaks during class everyday             | 64 | 65       | 60 | 70 | 57  | 68  | 67  | 64  | 70  | 63  | 82   | β        | 3           | θ     |



<sup>. =</sup> Too few students to report

#### Physical Activity, and Nutrition

|   |    |          |    |    |     |     |     |     |     |     |      | Statistical Differences |
|---|----|----------|----|----|-----|-----|-----|-----|-----|-----|------|-------------------------|
| Walk or Bike To/From School   | VT | Franklin | M  | F  | 6th | 7th | 8th | WnH | soc | Het | LGBT |                         |
| Walk or ride a bike to school at least once a week when weather permits | 74 | 74       | 73 | 76 | 73  | 72  | 77  | 74  | 71  | 74  | 68   |                         |
| Walk or ride their bike to school every day when weather permits        | 11 | 12       | 12 | 11 | 12  | 13  | 10  | 12  | 13  | 11  | 16   |                         |

|   |    |          |    |    |     |     |     |     |     |     |      | Statistical Differences |
|---|----|----------|----|----|-----|-----|-----|-----|-----|-----|------|-------------------------|
| Sport Team Participation                    | VT | Franklin | M  | F  | 6th | 7th | 8th | WnH | soc | Het | LGBT |                         |
| Play on at least one sports team, past year | 72 | 72       | 72 | 73 | 73  | 72  | 72  | 74  | 65  | 77  | 60   | θ                       |



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

#### Physical Activity, and Nutrition

|   |    |          |    |    |     |     |     |     |     |     |      | Statistical Differences |
|---|----|----------|----|----|-----|-----|-----|-----|-----|-----|------|-------------------------|
| Water Consumption                                       | VT | Franklin | M  | F  | 6th | 7th | 8th | WnH | soc | Het | LGBT |                         |
| Drank one or more glasses per day of water, past week   | 78 | 74       | 75 | 73 | 73  | 72  | 77  | 75  | 68  | 78  | 70   | α                       |
| Drank two or more glasses per day of water, past week   | 71 | 68       | 70 | 67 | 67  | 68  | 69  | 69  | 65  | 72  | 58   | θ                       |
| Drank three or more glasses per day of water, past week | 56 | 53       | 55 | 51 | 51  | 54  | 54  | 53  | 52  | 57  | 47   |                         |



<sup>. =</sup> Too few students to report

### Physical Activity, and Nutrition

|  |    |          |    |    |     |     |     |     |     |     |      | Statisti | cal Diffe | rences |
|--|----|----------|----|----|-----|-----|-----|-----|-----|-----|------|----------|-----------|--------|
| Breakfast Consumption                      | VT | Franklin | M  | F  | 6th | 7th | 8th | WnH | soc | Het | LGBT |          |           |        |
| Did not eat breakfast, past week           | 9  | 9        | 8  | 11 | 6   | 10  | 10  | 8   | 14  | 9   | 13   |          |           |        |
| Ate breakfast on 5 or more days, past week | 36 | 38       | 30 | 46 | 24  | 42  | 43  | 37  | 45  | 36  | 58   | β        | ε         | θ      |
| Ate breakfast on all 7 days, past week     | 46 | 44       | 52 | 36 | 58  | 41  | 37  | 44  | 38  | 45  | 24   | β        | ε         | θ      |



<sup>. =</sup> Too few students to report

#### Social Determinants of Health

|   |    |          |    |    |     |     |     |     |     |     |      | Statistic | cal Differences |
|---|----|----------|----|----|-----|-----|-----|-----|-----|-----|------|-----------|-----------------|
| Social Determinants of Health   | VT | Franklin | M  | F  | 6th | 7th | 8th | WnH | soc | Het | LGBT |           |                 |
| Described their grades in school as mostly A's or B's   | 66 | 63       | 58 | 68 | 56  | 60  | 70  | 65  | 57  | 67  | 54   | α β       | i θ             |
| Reported in their home people<br>most of the time or always speak<br>a language other than English            | 6  | 3        | 3  | 3  | 4   | 3   | 2   | 2   | 8   | 3   | 6    | α         | ζ               |
| Most of the time or always went<br>hungry because there was not<br>enough food in their home, past<br>30 days | 3  | 3        | 4  | 2  | 5   | 3   | 3   | 3   | 5   | 3   | 5    |           |                 |



<sup>. =</sup> Too few students to report

Youth Assets and Other Protective Factors



<sup>. =</sup> Too few students to report

#### Youth Assets and Other Protective Factors

|   |    |          |    |    |     |     |     |     |     |     |      | Statistical Differences |
|---|----|----------|----|----|-----|-----|-----|-----|-----|-----|------|-------------------------|
| Family Engagement   | VT | Franklin | M  | F  | 6th | 7th | 8th | WnH | soc | Het | LGBT |                         |
| Did not eat dinner at home with<br>at least one of their parents or<br>other adult family member, past<br>week              | 6  | 6        | 7  | 5  | 5   | 7   | 7   | 6   | 8   | 5   | 12   | θ                       |
| Ate dinner at home with at least<br>one of their parents or other<br>adult family member on two or<br>more days, past week  | 92 | 91       | 90 | 92 | 91  | 90  | 91  | 91  | 89  | 92  | 80   | θ                       |
| Ate dinner at home with at least<br>one of their parents or other<br>adult family member on four or<br>more days, past week | 85 | 83       | 83 | 83 | 86  | 81  | 82  | 83  | 76  | 85  | 69   | θ                       |
| Ate dinner at home with at least one of their parents or other adult family member every day, past week                     | 61 | 60       | 65 | 56 | 67  | 60  | 55  | 60  | 57  | 62  | 47   | β θ                     |



<sup>. =</sup> Too few students to report

#### Youth Assets and Other Protective Factors

|   | Statistical Differences |          |    |    |     |     |     |     |     |     |      |   |
|---|-------------------------|----------|----|----|-----|-----|-----|-----|-----|-----|------|---|
| School Connectedness  | VT                      | Franklin | M  | F  | 6th | 7th | 8th | WnH | soc | Het | LGBT |   |
| Have at least one teacher or other adult in their school that they can talk to if they have a problem | 72                      | 72       | 72 | 72 | 71  | 69  | 74  | 73  | 65  | 74  | 60   | θ |
| Strongly agree or agree that their school has clear rules and consequences for behavior               | 64                      | 63       | 65 | 62 | 67  | 64  | 59  | 64  | 56  | 65  | 49   | θ |



<sup>. =</sup> Too few students to report

#### Youth Assets and Other Protective Factors

|  |    |          |    |    |     |     |     |     |     |     |      | Statistical | Differences |
|--|----|----------|----|----|-----|-----|-----|-----|-----|-----|------|-------------|-------------|
| Community Connectedness  | VT | Franklin | M  | F  | 6th | 7th | 8th | WnH | soc | Het | LGBT |             |             |
| Strongly agree or agree that in their community they feel like they matter to people | 59 | 55       | 61 | 49 | 55  | 52  | 58  | 58  | 44  | 61  | 30   | α β         | ζ θ         |



<sup>. =</sup> Too few students to report